



## Homework Rationale: Psychology

What's the value of homework?

- Extensive research by the EEF has found that homework has a **positive impact on progress, on average (+5 months)**, particularly with students in secondary schools.
- Homework provides an **opportunity for students to practise** their learning away from the direct support of teachers. Practise makes permanent - developing schemas and strengthening connections within long-term memory.
- Doing homework helps to establish **good habits for success** which are beneficial in education and beyond.
- Homework provides crucial extra time for in-depth exploration of topics and pursuit of subject interests. It adds value to classroom learning.

At Trinity High School, we believe homework should be a regular, but not onerous, practice; it should be motivational, and impact positively on student learning and future performance. Our [homework policy](#) sets out clear, manageable expectations, detailing the use of homework at different key stages at Trinity High School.

Research shows that homework that is linked to classroom work tends to be more effective. The [curriculum overview](#) shares a summary of the learning taking place in the classroom for the upcoming half term.

Further research has found students who were set regular homework by their teacher performed significantly better than those who were set it occasionally. In Psychology, homework is set weekly for KS4 and KS5.

| Key Stage                                   | Low Stakes Quiz                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Cultural Capital | Practise | Flipped | Frequency   |
|---------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|----------|---------|-------------|
| <b>4</b>                                    | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | ✓                | ✓        |         | Once a week |
| <b>5</b>                                    | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | ✓                | ✓        | ✓       | Once a week |
| <b><u>Psychology Homework Rationale</u></b> | <p>At KS4 At KS4, homework is designed to support long-term retention and exam success. Students will regularly complete retrieval-based activities to strengthen their recall of key psychological knowledge, alongside exam-practice tasks that develop their ability to apply, analyse and evaluate information in line with GCSE assessment requirements</p> <p>At KS5, a variety of homework and independent study tasks will be set with the purpose being to rehearse and retrieve substantive knowledge, addressing any misconceptions or gaps in learning, practise disciplinary knowledge, and consume wider knowledge of Psychology to increase students' cultural capital. Students are also encouraged to use their directed study time to complete independent study – recommended at least 3 hours per subject, per week. There is an independent study booklet available to students to support with this.</p> <p>Homework will be explicitly set at least once a week to be either self, or teacher assessed.</p> <p><b>Low Stakes Quizzing</b> – Students can make use of low stakes quizzes for every topic via Seneca Learning. Students can achieve mastery through retrieval of substantive knowledge and addressing any misconceptions.</p> <p><b>Cultural Capital</b> – To promote reading and develop students' cultural capital, articles from Psychology Review magazine are regularly shared to give students a wider understanding of the subject – these often have relevance to real life and/or are novel or thought-provoking.</p> <p><b>Flipped</b> – Students may be assigned material to read or research prior to lessons to encourage ownership of their own learning and enable time in lessons to be spent analysing, discussing, and evaluating material students have already familiarised themselves with.</p> <p><b>Practise</b> – To develop students' disciplinary knowledge and practice examination skills, students are regularly set exam questions which are either self, peer or teacher assessed with feedback.</p> |                  |          |         |             |