

Bromsgrove and Redditch edition

Family Hub News

Family hubs are here to help you and your family access the right support, at the right time.

Our team can support you to connect with local services, community groups, and activities across Redditch and Bromsgrove.

We also offer a range of support including:

- Free or low-cost Healthy start Vitamins
- Breast pump hire
- Volunteering opportunities
- Parenting support and first-time parent groups
- Food parcels
- Advice and guidance around day-to-day concerns such as finances and childcare funding.
- Supporting to access health services, including help finding dentists.

Are you a parent or carer of a 0–5-year-old, or are you expecting a baby?

Practitioners are here for you & your family. Do you need information and support around sleep, behaviour, fussy eating and other common issues parents face? Our practitioners can meet you in the community, at a hub or in the home. Call 01527 61360 (Redditch) or 01527 835775 (Bromsgrove) you can follow this link to complete an online request. www.redditchbc.gov.uk/familyhubrequest

School readiness: Ready, Set, School! Supporting Every Child's Journey.

Starting school is a big milestone for children and families, and the Family Hubs are here to help make the transition as positive and confident as possible. We offer range of support to help build school readiness skills through play, communication, routines, social interaction, and early learning activities. If you have any questions or would like additional support with things such as routines, toileting, communication, behaviour, independence skills. Please speak to a member of the Family Hubs team. We are here to listen, support, and help signpost families to the right information and services.

The Family hubs also work alongside schools to support parent intakes, helping families access the right advice, services, and early support to ensure children get the best possible start at School

Please contact your local Family Hubs to find out more on how we could support you:

 Bromsgrove: 01527 835775 **Pear Tree Family Hub**

 Redditch: 01527 61360 **Holly Trees Family hub**

Website: Local Family Hubs | Worcestershire County Council

Starting reception- A Big Step for Little Learners

Starting Reception is an exciting milestone for Children and families alike. While it's normal to have a few worries, there are lots of simple things you can do at home to help your child feel confident and ready for school. If you would like advice, resources, or support with any aspect of school readiness, the Family hubs team is here to help every step of the way.

Looking for a little extra guidance? Take a look at the helpful resource below. Full of simple tips and guidance to support your child's journey to Reception: [Home - Starting Reception](#)

Please contact your local **Family Hubs** to find out more on how **we** could **support you**:

📞 Bromsgrove: 01527 835775 **Pear Tree Family Hub**

📞 Redditch: 01527 61360 **Holly Trees Family hub**

Website: [Local Family Hubs | Worcestershire County Council](#)

SALT: Speech and Language Therapy

The Family Hubs are proud to Host SALT sessions within our hubs. The Sessions are run by the Herefordshire and Worcestershire Health and Care NHS Trust to support children's speech and language, and communication development.

📅 **When:** Every Wednesday (Bromsgrove)
Every Second Wednesday (Redditch)

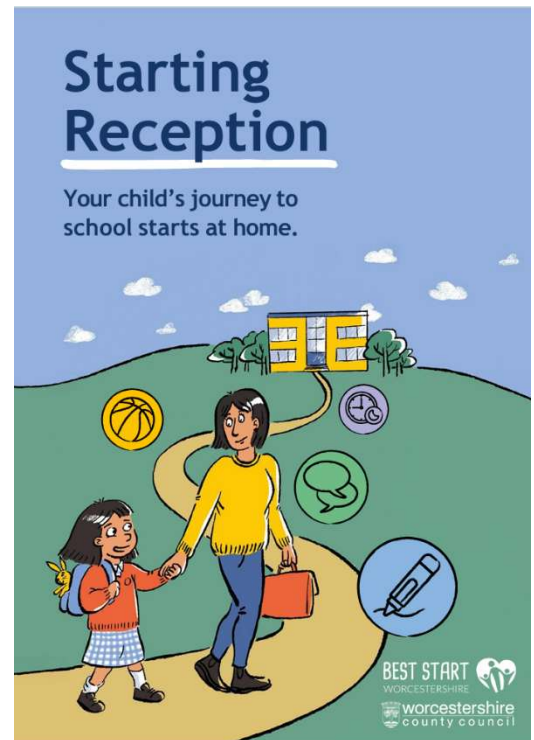
🕒 **Time:** 1:30 – 3:00 pm (Bromsgrove)
9:30 – 12:00 (Redditch)

📍 **Where:** Pear tree Family Hubs (Bromsgrove)
Holly trees Family Hubs (Redditch)

- **Please note that the sessions within the hubs are appointment based. For non-appointment-based sessions please follow the link below. Family Hubs do not handle any appointment bookings.**

For more information, please follow this link [Children's Speech and Language Therapy Service information, advice and training | Herefordshire and Worcestershire Health and Care NHS Trust](#).

To book an appointment please contact: 01527 488326.



SALT: SPEECH & LANGUAGE DROP-INS

Support for little voices

Supporting children & families with communication & language development.

We can help with:

- 🗣️ Speaking clearly
- 👂 Understanding words & instructions
- 🏠 Building sentences
- 👤 Social communication & interaction
- 💖 Confidence when communicating

NHS
Herefordshire and Worcestershire
Health and Care
NHS Trust

**BEST START
IN LIFE** **FAMILY
HUBS**



**Early support
can make a big
difference**

(Appointment required)
Bromsgrove Pear Tree Family
Hub: Every Wednesday,
1.30 – 3.30pm, to end of Aug
Broad St, B61 8LW

Redditch Holly Trees Family
Hub: Every 2nd Wednesday,
9.30am – 12pm
St Stephen's First School, Mabey
Ave, Riverside, B98 8HW

**(Drop-in, no
appointment required)**
Bromsgrove Catshill
Clinic: Every 3rd Tuesday,
11.30am – 12pm
The Dock, Catshill, B61 0NJ
Redditch Scott Atkinson
Centre: Every 1st
Wednesday, 1 – 1.30pm
Woodrow Dr, B98 7UH

For appointment bookings & enquiries: Please contact the Speech & Language Therapy Service directly on **01527 488326**.

How we can support you:

- 🗣️ Advice & strategies
- 🏠 Activities to try at home
- 💖 Info on local services & support

If you have any concerns about your child's communication development, speak to your Family Hub or Health Visitor.

www.worcestershire.gov.uk/FamilyHubs

Redditch
Borough Council

worcestershire
county council

Toilet/Potty training

Little steps lead to big achievements!
Potty training can feel like a big milestone for both children and parents, but you don't have to do it alone! Family Hubs can offer advice, reassurance, and signposting to trusted support and resources to help make the journey a little easier. Whether you are thinking about when to start, building routines, managing accidents, or looking for tips around toilet training. Our staff are happy to help point you in the right direction.

For more information please see: [Home - ERIC & The-Potty-Training-Guide-GHC-branded.pdf](#)

HOW BEST TO PREPARE FOR POTTY/TOILET TRAINING

BEST
START
IN LIFE

FAMILY
HUBS

- Try to stay calm and not put pressure on yourself or your child. It's fine to only do what feels manageable for you both – it's all part of their learning process. You don't need to abandon potty practice, just pause until your child is feeling better or more willing.
- Keep the potty around and talk about wee and poo when you're changing nappies.
- Make sure you always use positive language about the wee and poo your child passes – don't describe poo and 'smelly' or 'stinky'.
- Wearing loose fitting clothes that can be easily removed, taken down.
- If you have a boy, encourage him to sit down on the potty for both wees and poos especially in the beginning. We empty our bladder better sitting down and it helps to prevent constipation.
- Using play can help teach your child what you expect as well as motivate them. You can use stories, characters and toys to explain to your child what they need to do and teach them how to do it.

For example:

- Have a favourite doll or toy pretend to use the potty.
- Use books and pictures to show how things work.
- Help your child add some stickers to their potty to make it their own.
- Set aside toys or books that they only look at when on the potty or toilet.

Look out for signs your child may need to wee or poo:

- They may tell you.
- They may fidget, go quiet or hide.
- They may crouch down and start to strain (for a poo).
- If you see any of these signs or you know your child needs to do a wee or poo, gently direct them to use the potty.
- This will increase their chance of success whilst they are still learning how to respond to their body's wee and poo signals. Doing this helps your child to understand what is expected of them.



www.worcestershire.gov.uk/FamilyHubs

Redditch
Borough Council

worcestershire
county council

Help your child grow, learn and feel ready for nursery and school with EasyPeasy App

EasyPeasy supports you to make the most of everyday moments at home. It's full of simple ideas, playful activities and practical tips that help children develop important skills through talking, play, routines and time together, all using things you already have at home.

Activities and advice are tailored to your child's age and stage, so you can feel confident you're supporting their development in ways that fit around real family life.

easypeasy

Transform everyday parenting moments into playful learning experiences



easypeasyapp.com/worcestershire

BEST START IN LIFE

worcestershire county council

Dental support for Children & Families

Helping you to find the right dental care for you and your family...

If you need routine dental care, you can find a local dentist search by your postcode [Find a dentist - NHS](#)

For urgent or emergency dental help, please call 111.

Your Family Hub can also support you—get in touch by calling your local Family Hub

Bromsgrove: 01527 835775 **Pear Tree Family hub**

Redditch: 01527 61360 **Holly Trees family Hub**

Physiotherapy Drop-in Clinic



Join us on the **first Wednesday of each month** at **Holly trees Family Hub** (1:00 pm – 2:30 pm)
Open to children under 5, offering support and guidance around movement and physical development
No bookings required – just Drop in

 **Holly Trees Family Hub**

 **1st Wednesday of the Month**

 **13:00 pm – 14:30 pm**

For more Information, please contact Holy Trees Family Hub:

 Redditch: 01527 61360 **Holly Trees Family hub**

Family Learning and Support

Join us this July for our supportive sessions for parents and carers, including a practical workshop and a longer programme designed to help build confidence, strengthen family relationships, and provide advice in a welcoming environment. Whether you are looking for guidance, support or an opportunity to connect with others, we would love to welcome you along!

Understanding your child

A Practical and engaging course focused on younger children, helping parents and carers build confidence in understanding behaviour, strengthening relationships, and supporting their child's development

 Willow trees community centre,
Loxley close,
B98 9JS

 **Tuesday, 21st July 2026**

For more information or if you would like to book yourself on this course, please contact your local family hub on:

 Bromsgrove: 01527 835775 **Pear Tree Family Hub**

 Redditch: 01527 61360 **Holly Trees Family**

hub

Or visit: [Local Family Hubs | Worcestershire County Council](#)

Understanding Your Child Parenting Group

WORCESTERSHIRE
FAMILY HUBS 

Would you like to know more about your child's development?

Would you like a better understanding of your child's behaviour?

Come along to this relaxed, fun group to explore issues like:

- Developmental needs
- Having fun
- Communication
- Sleep
- Behaviour difficulties

Consisting of 10 sessions for 2 hours, the group is suitable for families with children and young people from birth to 19 years.



To book, please call your local Family Hub.



For more details, please contact your local Family Hub:

Pear Tree: 01527 835775
Broad Street,
Bromsgrove, B61 8LW

Holly Trees: 01527 61360
St Stephen's First School,
Mabey Ave, Redditch, B98 8HW

www.worcestershire.gov.uk/virtual-family-hub

Parenting Groups and Workshops

Parenting is a journey – you don't have to navigate it alone! Our Parenting groups and Workshops offer a safe, supportive space for parents and carers to learn, share experiences, and build confidence through every stage of family life. Covering topics from Child development and behaviour to sleep, mealtimes, and communication, these sessions provide practical advice and opportunities to connect with other families in a welcoming environment! For more information, please contact the family hubs:

📞 Bromsgrove: 01527 835775 **Pear Tree Family Hub**

📞 Redditch: 01527 61360 **Holly Trees Family hub**

Or visit: [Local Family Hubs](#) | [Worcestershire County Council](#)



PARENTING WORKSHOPS

Come and join one of our **FREE** workshops on a range of topics including:

- Sleep
- Fussy Eaters
- Understanding Your Child's Behaviour
- Understanding Your Teen's Behaviour



TOGETHERNESS
Bringing the Solihull Approach to the world

See upcoming dates, venues and book by scanning the QR code or www.worcestershire.gov.uk/groups

For more info please call Bromsgrove Pear Tree Family Hub on 01527 835775



www.worcestershire.gov.uk/FamilyHubs





PARENTING GROUPS

Come and join one of our **FREE** groups including:

- Birth & Beyond
- Understanding Your Baby
- Understanding Your Child
- Understanding Your Teen
- Talking Teens



TOGETHERNESS
Bringing the Solihull Approach to the world

See upcoming dates, venues and book by scanning the QR code or www.worcestershire.gov.uk/groups

For more info please call Redditch Holly Trees Family Hub on 01527 61360



www.worcestershire.gov.uk/FamilyHubs



Family Hubs In your community

Our Family Hubs community Drop-Ins across **Redditch** and **Bromsgrove** offer a welcoming space for parents and carers to speak with members of the Family hubs team, access information and support, and connect with local services. Families can also access **'Healthy Start Vitamins'**, **FREE** or **LOW COST, Self-weigh scales** at selected venues, and friendly guidance in relaxed community settings close to home!



FAMILY HUBS DROP-INS

Your chance to come & speak to a member of the Family Hub team.

Low cost Healthy Start Vitamins available to buy or free with a Healthy Start Card. £1.80 children's drops, £1 women's vitamins. (cash only)

Help & support to access services for you & your family.

Self-weigh scales for 0 - 2 year olds available. (Where listed)

Bromsgrove Drop-ins

Charford First School: Mondays, 9 - 10.30am, weekly
Charford Road, Bromsgrove, B60 3NH

Catshill Library: Mondays, 1.30 - 4.30pm, weekly
The Community Room, Catshill Middle School, Meadow Road, Bromsgrove, B61 0JW (Scales available)
On the 1st Monday of the month Catshill Library drop-in will be supported by Bromsgrove & Redditch Baby Bank, with free essential baby items.

BDHT The Pod: Wednesdays, 12.30 - 2.30pm, weekly
The Pod, 13 Humphrey Ave, Bromsgrove, B60 3JB (Scales available)

Bromsgrove and Redditch Baby Bank at St Andrew's Church: Thursdays, 12.45 - 3pm, fortnightly
Lyttleton Avenue, Bromsgrove, B60 3LL

For more info please call our Bromsgrove Pear Tree Family Hub team on 01527 835775

www.worcestershire.gov.uk/FamilyHubs



FAMILY HUBS DROP-INS

Your chance to come & speak to a member of the Family Hub team.

Low cost Healthy Start Vitamins available to buy or free with a Healthy Start Card. £1.80 children's drops, £1 women's vitamins. (cash only)

Help & support to access services for you & your family.

Self-weigh scales for 0 - 2 year olds available. (Where listed)

Redditch Drop-ins

Bromsgrove and Redditch Baby Bank at St Stephen's Church: Tuesdays, 10.30am - 1pm, fortnightly
Church Green West, Redditch, B97 4DY

Willow Trees Stay & Play: 1st Tues of the month, 10am - 12pm
Willow Trees Community Centre, Loxley Close, Redditch, B98 9JS (Scales available)

The Link, Woodrow (formerly Oasis Charity Shop): Thursday, Weekly, 10am - 1pm
The Link, Woodrow Centre, Redditch, B98 7RY (Scales available)

For more info please call our Redditch Holly Trees Family Hub team on 01527 61360

www.worcestershire.gov.uk/FamilyHubs

For more information around the drop ins and signposting please contact your local Family Hub:

☎ Bromsgrove: 01527 835775 **Pear Tree Family Hub**
☎ Redditch: 01527 61360 **Holly Trees Family hub**

Or visit: [Local Family Hubs | Worcestershire County Council](https://www.worcestershire.gov.uk/FamilyHubs)

!!!! NEW EVENT!!!!

Are you expecting a baby or recently welcomed a new arrival? Join us at Holly trees Fam8ily hub for our **Growing Families: Bumps to Baby** event. Meet local professionals, explore practical demonstrations, and discover the support available to you and your family from pregnancy through early years parenthood! Enjoy **Activities** including **baby bathing demos**, **safer sleep advice**, **Infant Feeding support**, **Bonding ideas**, **Tummy time activities**, **Baby weighing** and the opportunity to **customise a bib for you baby!!** Partners, Grandparents, and family members are Warmly Welcomed.

For more information, please contact **Holly trees Family Hub: 01527 61360** or visit our **Facebook: [Growing Families | Facebook](https://www.facebook.com/growingfamilies8)**



Preparing to welcome a new arrival or recently had your baby? Join us at our **FREE** special event to celebrate!

Growing Families From Bump to Baby

FREE event

Saturday 4th July
10am - 12pm at **Holly Trees Family Hub**

Support, information, demonstrations and advice for expectant and new parents.

- ★ Free gift for every family
- ★ Decorate a bib for baby
- ★ Dads & partners welcome
- ★ No booking required
- ★ Hamper raffle

Hamper raffle!

For more info please call Holly Trees Family Hub on 01527 61360.
Holly Trees Family Hub, Mabey Avenue, Redditch, B98 8HW

www.worcestershire.gov.uk/FamilyHubs

Holiday Stay and Plays

Looking for something fun to do during the holidays? Join us at our **Holiday Stay & Play** sessions at **Holly Trees Family Hub** and **Pear Tree Family Hub**! These relaxed and welcoming sessions offer children the chance to explore, play, create and make new friends through a variety of age-appropriate activities, while parents and carers can connect with other local families and chat with our friendly Family Hub team. It's a great opportunity to get out of the house, enjoy some quality time together, and discover the support available within your community. We can't wait to welcome you!



HOLIDAY STAY AND PLAY

@Pear Tree Family Hub
Every Monday
1 - 3pm
throughout the school holidays

FREE interactive play sessions for children aged 2 - 6 years with their parents/carers
(older or younger siblings also welcome)

- Creative crafts
- Sensory play
- Story time
- Imaginative role play
- Fun activities
- FREE snack & giveaways to take home!

No need to book - just drop in!

For more details, please call Pear Tree Family Hub on 01527 835775
Pear Tree Family Hub, Broad Street, Bromsgrove, B61 8LW

www.worcestershire.gov.uk/FamilyHubs

Redditch Borough Council | Worcestershire Family Council



HOLIDAY STAY AND PLAY

@Holly Trees Family Hub
Every Tuesday
10am - 12pm
throughout the school holidays

FREE interactive play sessions for children aged 2 - 6 years with their parents/carers
(older or younger siblings also welcome)

- Creative crafts
- Sensory play
- Story time
- Imaginative role play
- Fun activities
- FREE snack & giveaways to take home!

No need to book - just drop in!

For more details, please call Holly Trees Family Hub on 01527 61360
Holly Trees Family Hub, St Stephen's First School, Mabey Ave, Riverside, Redditch, B98 8HW

www.worcestershire.gov.uk/FamilyHubs

Redditch Borough Council | Worcestershire Family Council

For more information around the Holiday stay and plays. please contact your local Family Hub:

- 📞 Bromsgrove: 01527 835775 **Pear Tree Family Hub**
- 📞 Redditch: 01527 61360 **Holly Trees Family hub**

Online resources

Togetherness – emotional health and wellbeing

TOGETHERNESS
Bringing the Solihull Approach to the world

What is Togetherness?

Togetherness is an online learning platform created by psychologists and health practitioners. It offers easy-to-access courses

and resources on **emotional health and wellbeing**, proven to make a positive difference to mental health, behaviour, and family relationships.

Why is this important for schools and families?

- **For parents:** Practical strategies to support children's emotional development, manage behaviour, and strengthen family bonds.
- **For schools:** Happier, more settled pupils, improved home-school relationships, and resources that complement your PSHE and wellbeing work.

What's included?

- Courses on understanding your child's behaviour, emotional health, and parenting through different life stages.
- Support for mental health and resilience for both parents and children.
- All content is NHS-approved, evidence-based, and completely free for local families.

The courses are **FREE** with access code: **PARENTSROCK** for residents in our area. There are courses for parents, carers and grandparents about children from bump to 19+ years on a range of topics including pregnancy, teenagers, relationships and more.

Website [Worcestershire | Togetherness - Togetherness](#)

Access Code **PARENTSROCK**

Training for Schools – we offer a 2-day foundation course for professionals that is free to access. For more information, please contact familyhubs@bromsgroveandredditch.gov.uk.

Healthy Start

With Healthy Start, you could be entitled to weekly support towards: Veg, Fruit, Milk, Infant formula milk, Pulses and Healthy Start Vitamins.

Vitamins are available from our Family Hubs.

Find out if you are eligible and apply:

www.healthystart.nhs.uk



Booking System

Some of our parenting groups and workshops can now be booked directly by parents/carers using the trybooking system. Scan the QR code or visit

www.worcestershire.gov.uk/groups



Stop Smoking

Smoke Free Homes

Looking to stop smoking? We can help! If you have children aged 0-19 in your home you can get free advice to start your quitting journey. 80% of cigarette smoke is invisible and the best thing you can do to protect you and your family from the harms of second-hand smoke is to quit smoking. This support is available to you through your local Family Hub. Scan the QR Code to sign up or if you need help signing up? Any Worcestershire Library can help. To find out more visit:

www.worcestershire.gov.uk/stopsmoking Or you can sign up by emailing:

whcnhs.smokefreehomes@nhs.net



Useful Links & Community Information

Summer Events

Looking for free family fun this summer? A range of exciting **Summer Fun** events will be taking place across **Sanders Park, Morton Stanley Park, and Arrow Valley Country Park**, offering families the chance to get outdoors, enjoy activities together, and make lasting memories during the school holidays. From games and creative activities to opportunities to meet other local families, there's something for everyone to enjoy. Speak to your local Family Hub team for more information and to find out what's happening near you this summer.

For more information around the Holiday stay and plays, please contact your local Family Hub:

📞 Bromsgrove: 01527 835775 **Pear Tree Family Hub**
 📞 Redditch: 01527 61360 **Holly Trees Family hub**

SUMMER FUN SANDERS PARK 2026
 Join us for a season packed with excitement, laughter, and unforgettable memories! Here's what's in store:

21 AUG	1PM - 4PM	BMX & Scooters Sanders Park, Sande Park	Roll into Summer with Redditch Skatepark - Cool skills & high energy fun on wheels in the park! Including BMX & scooter hire. (Parental consent & sign-in card required. Visit Redditch Skatepark membership page)
23 AUG	1PM - 4PM	Little Scientists Workshop Sanders Park, Sande Park	Fizzing potions, bubbling concoctions, and hands-on fun!
27 AUG	11AM - 12PM	SLP Theatre Group Sanders Park, Sande Park	Join SLP Theatre Group at Sanders Park for a high-energy, interactive workshop and a performance packed with dance! Get ready to shine!
30 AUG	12PM - 4PM	Freestyle Football Sanders Park, Sande Park	Kick off the fun! Kick it, freestyle it! Learn amazing football tricks to improve your skills and become a mini freestyler. (Sign up for team 1000)
5 AUG	10AM - 3PM	National Travelling History Museum Sanders Park, Sande Park	It would be wonderful if you missed it! Laughs, games and lots of fun guaranteed at the Travelling Natural History Museum's Dinosaur Day Extravaganza!
5 AUG	10AM - 3PM	Children's Fair Sanders Park, Sande Park	All the fun of the fair for your little ones! (Closed for 2026)
7 AUG	10AM - 2PM	Bromsgrove Library Sanders Park, Sande Park	Story time at Sanders Park! Come and enjoy stories and a hands-on planning experience.
13 AUG	10AM - 4PM	Viking Workshop Sanders Park, Sande Park	Packed day in the world of Vikings, sword and shield making, shield wall drill, combat demo and Viking myth!
19 AUG	12PM - 4PM	Steele Kites Sanders Park, Sande Park	Learn circus skills like juggling, hula hooping, plate spinning, and more!
21 AUG	12PM - 4PM	Glambro Dressing Sanders Park, Sande Park	Feel the rhythm and join the beat!
27 AUG	12PM - 4PM	Punch & Judy Show Sanders Park, Sande Park	Classic laughs for the whole family!

TENNIS IN THE PARK
 EVERY TUESDAY
 SANDERS PARK TENNIS COURTS

SUMMER FUN ARROW VALLEY COUNTRY PARK 2026
 Join us for a season packed with excitement, laughter, and unforgettable memories! Here's what's in store:

23 AUG	12PM - 4PM	Glambro Dressing Arrow Valley Country Park, Arrow Valley	Feel the rhythm and join the beat!
23 AUG	12PM - 4PM	Family Hub Arrow Valley Country Park, Arrow Valley	Come and meet the Family Hub for some great fun in the Park. Egg and spoon racing and more!
29 AUG	12PM - 4PM	Punch & Judy Show Arrow Valley Country Park, Arrow Valley	Classic laughs for the whole family!
6 AUG	10AM - 3PM	National Travelling History Museum Arrow Valley Country Park, Arrow Valley	It would be wonderful if you missed it! Laughs, games and lots of fun guaranteed at the Travelling Natural History Museum's Dinosaur Day Extravaganza!
12 AUG	1PM - 3PM	Street Dance by Shaun Paul Arrow Valley Country Park, Arrow Valley	Step into the beat! Learn cool street dance moves and show off your style!
18 AUG	10AM - 4PM	Viking Workshop Arrow Valley Country Park, Arrow Valley	Packed day in the world of Vikings, sword and shield making, shield wall drill, combat demo and Viking myth!
25 AUG	12PM - 4PM	Circus Workshop Arrow Valley Country Park, Arrow Valley	Learn circus skills like juggling, hula hooping, plate spinning, and more!
26 AUG	2PM - 4PM	BMX & Scooters Arrow Valley Country Park, Arrow Valley	Roll into Summer with Redditch Skatepark - Cool skills & high energy fun on wheels in the park! Free sign-in card. (Parental consent & sign-in card required. Visit Redditch Skatepark membership page)

DON'T FORGET WATER ACTIVITIES
 at The Boat House, Arrow Valley Country Park, Arrow Valley

WILSONS FUNFAIR
 5th-14th AUGUST
 AT SYLICH MEADOWS (Closed 2026)

SUMMER FUN MORTON STANLEY PARK 2026
 Join us for a season packed with excitement, laughter, and unforgettable memories! Here's what's in store:

22 AUG	12PM - 4PM	Steele Kites Morton Stanley Park, Arrow Valley	Learn circus skills like juggling, hula hooping, plate spinning, and more!
24 AUG	11AM - 3PM	Family Hub Morton Stanley Park, Arrow Valley	Hop on, pedal hard and make your own smoothie!
28 AUG	12PM - 4PM	Glambro Dressing Morton Stanley Park, Arrow Valley	Feel the rhythm and join the beat!
31 AUG	11AM - 2PM	American Dance Academy - Jazz Dance Morton Stanley Park, Arrow Valley	Come and find your rhythm to this dance workshop in the Park!
4 AUG	12PM - 3.30PM	Hula Hoop & Bubbles Morton Stanley Park, Arrow Valley	Hop on and bubbles fill the air! A joyful mix of hula hoop tricks and bubble fun!
4 AUG	12PM - 4PM	Family Hub Morton Stanley Park, Arrow Valley	Come and meet the Family Hub for some great fun in the Park. Egg and spoon racing and more!
11 AUG	12PM - 4PM	Punch & Judy Show Morton Stanley Park, Arrow Valley	Classic laughs for the whole family!
12 AUG	1PM - 4PM	BMX & Scooters Morton Stanley Park, Arrow Valley	Roll into Summer with Redditch Skatepark - Cool skills & high energy fun on wheels in the park! Including BMX & scooter hire. (Parental consent & sign-in card required. Visit Redditch Skatepark membership page)
20 AUG	12PM - 4PM	Freestyle Football Morton Stanley Park, Arrow Valley	Kick off the fun! Kick it, freestyle it! Learn amazing football tricks to improve your skills and become a mini freestyler.
25 AUG	1PM - 4PM	Little Scientists Workshop Morton Stanley Park, Arrow Valley	Fizzing potions, bubbling concoctions, and hands-on fun!
27 AUG	10AM - 1PM	Harlequins Circus Morton Stanley Park, Arrow Valley	Grab a map, follow the clues and head off on a mini adventure! Perfect for curious minds who love to explore. *Adult Guardians must accompany their children.

PIRATE TREASURE HUNT EVERY DAY
 ASK AT MORTON STANLEY CAFE (Closed for 2026)

Free 1-to-1 budgeting coaching

We're pleased to share a valuable new support offer available to residents in Redditch. Through a partnership between the Redditch foodbank and Christians Against Poverty, free 1-to-1 Budget Coaching sessions are now available to help individuals better understand their finances, create realistic budgets, and feel more in control of rising costs. This supportive, non-judgemental service is open to anyone—not just those in crisis—and can play an important role in reducing stress and preventing financial issues from escalating. Colleagues are encouraged to consider referring clients who may be struggling with managing bills or planning.

Easily book a session for yourself or on someone's behalf using this link:

<https://calendar.app.google/gE5EUf6PidjmBkPx8>



Struggling with your finances?

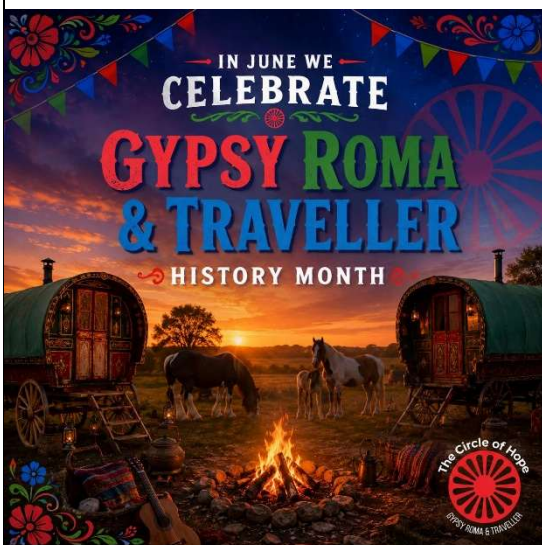
Free 1-to-1 Budgeting Help!

- ✓ Create a budget that works for you
- Q Understand where your money goes
- 💡 Take control with simple, practical tips

To book your free session, scan the QR code

christians against poverty
CAP

The circle of hope – Gypsy Roma & Traveller



The Circle of Hope – Gypsy Roma & Traveller is an organisation dedicated to promoting equality and creating opportunities for Gypsy, Roma, and Traveller communities across Worcestershire, Gloucestershire, and Herefordshire. We provide cultural awareness training to help professionals and local organisations understand and engage with these communities more effectively. Our team also offers direct support for community members, helping to address social, educational, and cultural needs. By building bridges between the Gypsy, Roma, and Traveller communities and wider society, we work to challenge stereotypes and encourage inclusion.

SENDIAS training in the family hubs



SENDIAS Training at your Family Hub

FREE SEND Workshops

Supporting your child to cope with change and the transition to school

A FREE 2 week workshop for parents/carers of children due to start school in the next few years or are struggling to transition to school.

www.hwsendias.co.uk

- **WANDS Family Hub- Droitwich**
Thursday 11 and 18 June 2026, 10am-12pm
- **The Hub- Bromsgrove, B61 8DA**
Thursday 25 June and 2 July 2026, 1-3pm

Find out more and book your free space



WORCESTERSHIRE FAMILY HUBS | SEND Information, Advice and Support Service | LEARNING SERVICES WORCESTERSHIRE

Supporting your child to cope with change and the transition to school is a 2-part workshop aimed at parents/carers of children due to start school in the next few years or are struggling to transition to school.

The first session will focus on supporting children to cope with small everyday changes like moving from one task to another. The second session will focus on the transition to school.

You can expect practical guidance, tips and resources to support your child through change

Bromsgrove- The Hub, 2nd July, 1pm – 3pm

Measles Cases on the Rise

Cases for measles are increasing in our area, and it remains a highly contagious illness that can spread quickly among children and families. Symptoms can include high temperature, cough, runny nose, sore eyes, and a distinctive rash!

Best protection against measles is the MMR / MMRV vaccine which is been offered **FREE** through the NHS. If you are unsure whether your child is up to date with their vaccinations, please contact your GP practice.



UK Health Security Agency | NHS

Measles: know the symptoms

Cold-like symptoms usually appear before a rash, including:

- high temperature
- runny or blocked nose
- sneezing
- a cough
- red, sore, watery eyes



Family Fun !!!

Family Fun and Support Worcestershire are a large directory of activities, events and sessions for families with children aged 0-16 years as well as support and classes for expectant parents.

<https://familyfunandsupport.com/>

[Facebook - familyfunandsupportworcestershire](#)

BEST START IN LIFE FAMILY HUBS USEFUL LINKS



FAMILY HUBS

Best Start in Life Family Hubs

For more information on our services and Family Hubs, please visit www.worcestershire.gov.uk/FamilyHubs or scan the QR.



Family Hubs Bromsgrove & Redditch Facebook

For local information, tips and advice please follow our Facebook page via www.facebook.com/FamilyHubs or scan the QR.



Request Parenting Support

If you require parenting support or wish to enquire about any of our groups or courses, please complete the form at www.bromsgrove.gov.uk/familyhubrequest or www.redditchbc.gov.uk/familyhubrequest or scan the QR.



Bromsgrove



Redditch

Parenting Groups, Courses & Workshops

We offer an exciting array of parenting groups and workshops. All sessions are free to attend and run by trained staff and volunteers. Visit www.worcestershire.gov.uk/groups or scan the QR.



Did you know? Some of our parenting groups and workshops can be booked directly via the above link/QR.

www.worcestershire.gov.uk/FamilyHubs



Working Together...for you.

At times life can be a little tough, for whatever reason. But advice & support is available. Search 'working together' on the Councils' websites. Here's a summary.

Please take a photo or jot these details down & share with neighbours, friends & family.

Act On Energy

Freephone 0800 988 2881
actonenergy.org.uk

Age UK North Worcestershire

01527 570490
ageuk.org.uk/northworcestershire
enquiries@ageuknorthworcestershire.org.uk

bdht

0800 0850 160
contactus@bdht.co.uk

Bromsgrove and Redditch Network (BARN)

01527 60282
barn.org.uk/cost-of-living

Bromsgrove District Council

01527 881288
bromsgrove.gov.uk

Citizens Advice

Bromsgrove & Redditch
0808 278 7890
cabr.org.uk

Bromsgrove & Redditch Family Hubs

Bromsgrove: 01527 835775
Redditch: 01527 61360
www.worcestershire.gov.uk/familyhub

Libraries

01905 822722
www.worcestershire.gov.uk/libraries

NewStarts

01527 882410 / 0121 679 2072
newstarts.org.uk

Redditch Borough Council

01527 64252
redditchbc.gov.uk

Worcestershire County Council

01905 765765
www.worcestershire.gov.uk/contact

Need mental health support?

Worcestershire Safe Haven
01905 600 400
(6pm - 1am, last calls 12:20am)
Samaritans 116 123
(free, 24/7, 365 days)
Call **NHS 111** & select 'Mental Health' option



Keep In Touch

Family Hubs - Bromsgrove and Redditch | Facebook

- Holly Trees Family Hub, Mabey Ave, Redditch, B98 8HW
Phone: 01527 61360
- Pear Tree Family Hub, Broad Street, Bromsgrove, B61 8LW
Phone: 01527 835775

