

BICYCLIST SAFETY

Bicyclists must adopt safe riding practices on the roads to protect themselves and the public.



Assure bicycle readiness. Check your brakes, wheels, and seating.



Always wear a helmet.



Be visible. Wear bright clothing.



Wear mask when necessary.



Do not wear more than one earphone while riding.



Stay hydrated at all times.



Yield to pedestrians.



Stay off the side walk.



Use hand signals when turning or stopping.



Obey traffic signs.



Ride in the direction of traffic, not against.



Don't squeeze. Allow at least 3 feet / 1 metre when passing.