



Starting Well Redditch  
EVERY CONTACT SHAPES A LIFE



# Fussy Eaters Workshop

**As parents/carers we want our children to eat well and to enjoy mealtimes together.**

**Come along and get support and new ideas:**

- How to encourage your child to try new foods - and begin to enjoy them!
- Child-friendly foods that provide what they need to grow and be healthy
- Happier family mealtimes

**Monday 20th January 2025  
@ YMCA Willow Trees, Redditch, B98 9JG**

**These workshops run across the county.  
Book by scanning the QR code to visit  
[www.trybooking.com/uk/eventlist/startingwellpartnership](http://www.trybooking.com/uk/eventlist/startingwellpartnership)**



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