

Subject: Sport Studies and PE

Key Stage	Low Stakes Quiz	Cultural Capital	Practice	Flipped	Frequency
3	N/A	N/A	N/A	N/A	N/A
4	✓	✓	✓	✓	Once a fortnight
5	✓	✓	✓	✓	Once a week, Teacher A Wk1 and Teacher B Wk2

Subject Homework Rationale

Core PE lessons Ks3 and Ks4

We encourage all students to participate in extra curricular sports and activities after school, please see the extra curricular timetable and fixture calendar. We offer a wide range of sports and activities; *Football, Netball, Rugby, Handball, Basketball Dodgeball, Tennis, Rounders, Cricket, Fitness, Trampolining, Dance, Badminton and Athletics*, to cater and engage all students at Trinity High School.

Ks4 Sport Studies Cambridge National:

- **Low stake quizzes** in Yr11 students will cover content from the exam unit (sept –Dec) whilst teaching this unit and content, low stake quizzes set for homework works well for our students, to check knowledge and understanding from lessons, we mark the quizzes at the start of the next lesson, so students see the value of their completed homework and congratulate their achievements.
- **Practice** students in yr11 will also have the opportunity to complete past exam papers as a homework activity, this really helps our students to familiarise themselves with the types of exam questions, practice their timings per question and marking their own practice papers using the mark scheme.
- **Cultural Capital** in both Yr10 and 11 students cover units and content where they need to use a wide range of sporting examples and this type of homework is fantastic for our students; reading articles, watching video clips and listening to podcasts about contemporary issues surrounding sport and major competitions throughout history. Students will use these examples in their coursework to gain top mark band grades.
- **Flipped homework** this type of activity works well for our students especially in practical units, such as Sports Leadership and Developing Sport Skills. Students will be asked to practice certain skills/techniques at clubs/training sessions and perform them in their next lesson. They will also be set homework activities, in pairs plan a simple warm up, stretches and drill activities, leading this session during their next lesson.
- **Vocational assignments:** there are 8 compulsory assignments the students must complete over the two years, students will be asked to complete outstanding assignments for homework, this will be started in the classroom and completed at home. We realise that some of our students do not have access to computers at home, and therefore offer catch up/homework sessions at lunch time to support their learning.

Ks5 Sport Cambridge Technicals:

- **Low stake quizzes;** in Yr12 and 13 students will cover content from two exam units, whilst teaching these units and content, this type of homework activity works well for our students, checking knowledge and understanding, marking the quizzes at the start of the next lesson, to congratulate their achievements