



*“When I look at the world I'm pessimistic, but when I look at people I am optimistic.” – Carl Rogers (Humanistic psychologist)*

Psychology is the scientific study of the human mind and behaviour. Through the A Level curriculum, students gain a deeper understanding of Psychology with the opportunity to understand what makes people tick, what motivates, challenges or changes us and how this understanding can help us address many of the issues in society today. Stimulating content is at the heart of this thought-provoking and engaging qualification, which will encourage students to think like psychologists. The spiritual, moral, social and cultural development that the study of Psychology inspires helps students to shape their own personal values, form positive relationships with others and become responsible young citizens with an understanding of how the sciences contribute to the success of society and the economy.

As a science, Psychology functions as both a thriving academic discipline and a vital professional practice, one dedicated to the study of human behaviour - and the thoughts, feelings, and motivations behind it - through observation, measurement, and testing, in order to form conclusions that are based on sound scientific methodology. Psychology offers a unique educational experience where students learn how to think creatively and critically, to reason, and to ask questions.

The study of Psychology develops a broad and diverse set of skills, including; the ability to communicate effectively using appropriate language, to interpret and critically assess scientific data, and to critically evaluate from a range of perspectives. The specification also encourages the development of competence and confidence in a variety of practical, mathematical and problem-solving skills alongside strong literacy skills. The acquisition of such a diverse range of skills will be of great benefit to students in further education, the workplace and society in general.

The emphasis on research skills and enquiry - the ability to use scientific research findings to support and challenge various theoretical ideas about why people behave the way they do, prepares students with the skills required for higher education. The emphasis on becoming curious, creative and independent learners with a genuine enthusiasm for understanding human behaviour will prepare students for life beyond secondary education. The promotion of understanding behaviour from a range of perspectives will develop empathetic, compassionate and well-rounded individuals of whom we are proud to represent Trinity High School.

The study of Psychology is fascinating and shapes our view of the world. To study people and gain an insight into the human mind and complex behaviour allows us to better understand people around us, challenges our perceptions, influences our relationships and opens our minds. The important thing about psychology is the habits of thought it teaches you, not the collection of facts you might learn.